



[www.englishsteps.co.uk](http://www.englishsteps.co.uk)

## English Steps

We are an English academy which runs English courses for adults all year round in Leeds, UK. During July and August we also provide a special Summer course for our students.

The three most important things about your experience with us:

- 1) You will be living with a qualified and experienced English teacher at all times
- 2) We have a maximum of 4 students per class to make sure that you can really improve
- 3) Our activities, social events and voluntary work increase your English speaking time, and also give you valuable experience which looks great for your CV

### English Steps Example Summer Timetable

#### Monday

|               |          |
|---------------|----------|
| 9:00 – 10:30  | Lesson 1 |
| 10:40 – 11:40 | Lesson 2 |
| 11:50 – 12:50 | Lesson 3 |

13:00 – 14:00      Lunch

14:30 – 17:30      Trip to the historical city of York

19:00                Dinner

Evening            5-a-side football for English Steps FC; or Language exchange meeting (a place to practise your languages, including English)



## Tuesday

9:00 – 10:30 Lesson 1

10:40 – 11:40 Lesson 2

11:50 – 12:50 Lesson 3

13:00 – 14:00 Lunch



19:30 Dinner

Evening Free pool competition followed by a traditional English Pub Quiz at our local pub



## Wednesday

9:00 – 10:00

Lesson 1

10:10 – 11:10

Lesson 2

11:45 – 14:00

Volunteering – helping at a café for elderly people, talking to locals



17:00 – 18:30

Lesson 3

19:30

Dinner

Evening

Salsa dancing; or  
couchsurfing.com meeting in a central pub





## Thursday

9:00 – 10:30 Lesson 1

10:40 – 11:40 Lesson 2

11:50 – 12:50 Lesson 3

13:00 – 14:00 Lunch

14:00 – 17:00 Excursion: A round of golf on the course near our house



18:00 – 20:00 Volunteering at a centre for homeless people – help serving food and talking.

20:30 Dinner



## Friday

9:00 – 10:30 Lesson 1

10:40 – 11:40 Lesson 2

11:50 – 12:50 Lesson 3

13:00 – 14:00 Lunch

14:00 – 16:30 Volunteering, helping at a conservation centre – see <http://www.tcv.org.uk/hollybush>



19:00 Dinner

Evening Language Exchange meeting (a place to practise your languages, including English)



## **Saturday and Sunday**

The weekends are your free time. Explore the city, travel around the UK (by train Manchester is 1hr 30mins, the coast is 1hr 20mins and London is just over 2hrs) or you can take advantage of one of our excellent organised trips.

## **Volunteering**

We think that Voluntary work is an important way to learn more about life in the UK, and to practise your English while doing something really useful. During your stay with us you could, for example:

- Work with the elderly at cafés and bingo afternoons on Monday, Wednesday and Thursday
- Work with the homeless and those in need by providing food and conversation on Thursday nights with a Christian organisation
- Help at our local conservation centre with their gardening every Friday afternoon
- Write articles for a local magazine – Kirkstall Matters
- Raise funds for charities such as the Red Cross or Oxfam, and help at their events

## **Social Activities**

There are also lots of things to do with other students and teachers in the evenings. We live very close to an entertainment centre with bowling, cinema, restaurants and pubs. Here are example of some of the things you can do at English Steps.

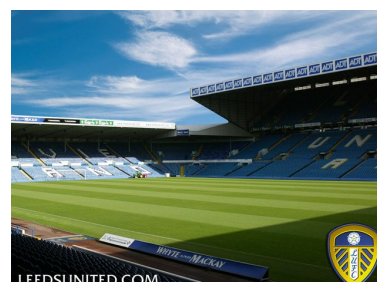
- 5-a-side football with our English Steps team
- Pub quiz every Tuesday
- Free games of pool every Tuesday and Thursday
- Bowling, Cinema and Pub trips
- Language exchanges every Monday and Friday
- Salsa dancing on Tuesday, Thursday and Sunday
- And of course, nightclubs, bars and events in the city centre.

## Trips

All trips include 3 hours with an English teacher, and an informal lesson in a café/pub at the end to talk about any new vocabulary you have learnt on the trip. These activities are available for an extra cost.

### Guided Tour of Elland Road (Leeds United) Friday 3pm

Visit the historical stadium of Leeds United which opened in 1897 and has a capacity of nearly 40,000. See the dressing rooms where the players change, walk up the tunnel and experience a feeling only known to Leeds United players, and see the trophies they have won throughout the years. You can even take the Manager's seat in the dugout!



### National Museum of Media and IMAX cinema in Bradford

Explore and learn about the development of TV, the internet, radio, computer gaming and film in this 8-floor museum with 3 cinemas, including the UK's first IMAX cinema screen.



### City Golf

Have a game of golf with one of your teachers near the Kirkstall Valley Nature Reserve. 18 holes on this circuit, with the river Aire running the length of the course.





## Kirkstall Abbey, Park, and Victorian museum with urban museum. Leeds Industrial Museum at Armly Mill, and Kirkstall Nature Reserve

Explore the local parks and historical museums around the area.



## Meanwood Valley Urban Farm

Meanwood Valley Urban Farm, a registered charity, was established in 1980 to provide services to inner city communities. From the Farm's humble beginnings operating from two old caravans, it has grown into a 24 acre site. It's not only a working farm with a wide variety of animals, but also a major centre for community and environmental work.



## Royal Armouries Museum



The Royal Armouries is Britain's national museum of arms and armour. At the Leeds Museum there are over 8,500 objects on display in five galleries: War; Tournament; Oriental; Self Defence and Hunting. Visit the newly refurbished Tournament Gallery and experience the might of Henry VIII – king and sportsman.



## Leeds Art Gallery and Leeds City Museum

Cultural and inspiring museums for all ages.



## The City of York

Walk around the historic city walls and see the minster, old streets and shops.

York is a walled city in North Yorkshire, England. The city has a rich heritage and has provided the backdrop to major political events throughout much of its two millennia of existence. Optional visit to the National Railway Museum.



## Steam Train Journey to the Brontë Countryside

Star of the 1970s hit classic 'The Railway Children', this railway line has ever since been a magnet for visitors. Travel back in time through the Brontë landscape, the inspiration for the Brontë Novels such as Wuthering Heights. See the small villages and stop for a pint in a local pub.



## **Cost**

Our Summer course is available for £350 per week, which includes accommodation, activities and lessons – but not extra trips.

## **For more information:**

Visit [www.englishsteps.co.uk](http://www.englishsteps.co.uk)

Email [info@englishsteps.co.uk](mailto:info@englishsteps.co.uk)

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